

March
2012



Questions? Comments?

Call on us anytime!

Mayor:

Samantha Farone

814-688-7701

Deputy Mayor:

Tomica Houghton

719-505-6502

Email:

villageshoshoni@yahoo.com

Facebook-

Shoshoni Village-Ft Carson



Lawn of the Month
For January

4446A

CONGRATS!!!!

Shoshoni Village News

Hello Shoshoni Residents! As you can tell, we've changed the format of our monthly newsletter. We will now be distributing the newsletter electronically! Fort Carson is aiming towards a "net zero" post. By changing to electronic distribution, we will save paper and decrease waste. This is a great change and we're very excited about it! If you would prefer to receive a paper copy of the newsletter, please email us at the address to the left.



What Does The Mayor/Deputy Mayor DO? Mayors/Deputy mayors serve as the principal community liaison, representing the village and its residents. They identify the needs of the village residents and attend meetings, conferences, and forums. They coordinate with Ft Carson staff agencies to problem solve community issues and promote self-sufficiency in the village. BUT- we can't help if we don't know that there is a problem! Please don't hesitate to contact us with comments, questions, or concerns. If we can't help, we will find someone who can!

Our Village Namesake

Most of the villages on post are named for Native American tribes and ours is no exception! Did you ever wonder about the tribe that our village is named after? Wonder no more!

The Shoshoni (or Shoshone) people populated areas as far south as Texas, as far west as Oregon and as far east as us here in Colorado. The Shoshone language is spoken by numerous peoples ranging from the Great Basin to coastal Southern California in present-day United States, and down through central, western and southern Mexico; into Central America and South America.

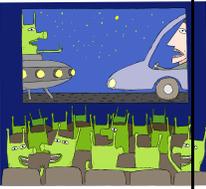
The Shoshoni tribe has had its share of difficulty. War, famine, and disease reduced the size of the tribe to 4,500 in 1845. However, the population has recovered and continues to grow. The 2000 census lists over 12,000 Shoshoni tribe members! One of the most famous tribe members is none other than Sacajawea, the famous Native American woman who accompanied Lewis and Clark in their expeditions to explore the US in the early 1800's.

Want to find out more? Check out a book on Native American History at the Grant Library!



MARCH 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
All events are held at the Joel Hefley Community Center, unless otherwise stated.	Questions? Contact Kris Spiller at kspiller@bbcrp.com for information on any event.	Check us out on Face Book, look under Fort Carson Family Housing and click like!!!		Smart Couponing class and swap 10am to 11:30am	DR. SEUSS BIRTHDAY PARTY 10am to Noon	NO YARD SALES THIS MONTH. They resume in April
4	5	6	7	8	9	10
RECYCLING WEEK 		Kids Craft and Story Time Clothes Pin Farm 10:30am to 11:30am	The Mountain Post Running Club, Check in at the HUB, bldg 1532, from 4pm to 6pm		Family SPRING Bingo Begins at 5:30pm	
11	12	13	14	15	16	17
Daylight Savings Time Begins SPRING FORWARD		Pawnee Village Huddle Begins at 6pm	Yard of the Month Ceremony 1pm to 2pm ~~~~~ ~~ The Mountain Post Running Club	Make a Shamrock Puzzle for St. Patrick's Day 1pm to 2pm		
18	19	20	21	22	23	24
RECYCLING WEEK 		Kids Craft and Story Time Flower Lei's 1pm to 2pm	The Mountain Post Running Club			
25	26	27	28	29	30	31
		How to Clear Housing Class Begins at 5:30pm	The Mountain Post Running Club		Easter Wreath Class 10:30am to 11:30am	

ARMY COMMUNITY SERVICE (ACS)...The Short Scoop



March 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ACS WEBSITE: www.carson.army.mil (Click on Services)</p> <p>FACEBOOK USERNAMES: - Fort Carson Army Community Service - Fort Carson ACS Army Family Action Plan (AFAP) - Fort Carson ACS Army Family Action Plan (AFTB) - Fort Carson ACS SFAC - Fort Carson ACS SDS</p> <p>TWITTER USERNAME: Fort Carson ACS</p>	<p><u>Afterhours Emergency Assistance</u> American Red Cross Toll Free: (877) 272-7337 Army Emergency Relief (AER) Cell Phone: (719) 331-5278 Victim Advocacy Program 24/7 Pager: (719) 577-3171</p> <p>** = Day of Nonscheduled Activities</p>	<p>SASSY LIFE GROUP Sexual Assault Survivors Say Yes to Life Support Group, offered in Partnership with the ACS Victim Advocacy Program (VAP) and Social Work Services (SWS). For more information, call (719) 526-4590. "Reclaim Your Life"</p> <p>NOTICE - Late Start: ACS facilities open at 0900 on Wednesdays</p>	<p>Fort Carson Newcomer Orientation, 0900 to 1530 ESL, 0900 to 1200 Turning Volunteer Experience Into Paid Experience, 1030 to 1145</p>	<p>Job Search Orientation, 0930 to 1030 Playgroup, 1000 to 1200 Building a Portfolio, 1030 to 1145 Job Search Orientation, 1330 to 1430 German Support Group Holiday Party (Family Connection closes at 1400) 1400 to 1630</p> <p>Installation Yard Sales, 0800 to 1500</p>
<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 Job Search Orientation, 1330 to 1430</p> <p>Did you know that a majority of ACS classes offer FREE childcare for participants?</p>	<p>Boot Camp for New Dads, 0900 to 1200 Checkbook Management, 0900 to 1100 ESL, 0900 to 1200 Baby Nurturing, 1130 to 1300 Take a Break and Just Breathe, 1600 to 1800 Dress for Success, 1330 to 1445</p>	<p>ESL, 0900 to 1200 Company Commander & 1SG Spouse Course Part 1 of 2, 0900 to 1530 Job Search Orientation, 0930 to 1030 German Support Group, 1000 to 1200 Interview Techniques, 1030 to 1145 Mayor's Mini Meeting/Potluck, 1130 to 1300 Brown Bag Luncheon "TSP", 1200 to 1300 Job Search Orientation, 1330 to 1430 SASSY Life Support Group, 1500 to 1630</p>	<p>ESL, 0900 to 1200 Company Commander & 1SG Spouse Course Part 2 of 2, 0900 to 1530 Turning Volunteer Experience Into Paid Experience, 1030 to 1145 ACS Volunteer Holiday Social, 1030 to 1230 Money Trouble Solutions "Cheap Talk With Frugal Friends", 1830 to 2000</p>	<p>Job Search Orientation, 0930 to 1030 Playgroup, 1000 to 1200 Building a Portfolio, 1030 to 1145 Job Search Orientation, 1330 to 1430</p>
<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 Job Search Orientation, 1330 to 1430</p>	<p>Sponsorship Training, 0730 to 0815 ESL, 0900 to 1200 Cooperative Parenting & Divorce, 0930 to 1330 Baby Nurturing, 1130 to 1300</p> <p>ACS Facilities Close at Noon - Christmas Party -</p>	<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 Mayor's Meeting, 0930 to 1030 Interview Techniques, 1030 to 1145 Brown Bag Luncheon "Managing Your Debt", 1200 to 1300 SASSY Life Support Group, 1500 to 1630 Job Search Orientation, 1330 to 1430</p>	<p>ESL, 0900 to 1200 Turning Volunteer Experience Into Paid Experience, 1030 to 1145 Homebuyer's Workshop, 1300 to 1700 Fort Carson Volunteer Holiday Social, 1630 to 1830</p>	<p>Job Search Orientation, 0930 to 1030 Playgroup, 1000 to 1200 Building a Portfolio, 1030 to 1145 Job Search Orientation, 1330 to 1430</p> <p>Installation Yard Sales, 0800 to 1500</p>
<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 Job Search Orientation, 1330 to 1430</p>	<p>ESL, 0900 to 1200 Baby Nurturing, 1130 to 1300 Introduction to Computer Basics, 1300 to 1500 Dress for Success, 1330 to 1445 Waiting Families, 1430-1630</p>	<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 German Support Group, 1000 to 1200 Interview Techniques, 1030 to 1145 Brown Bag Luncheon "TSP", 1200 to 1300 Job Search Orientation, 1330 to 1430 VMIS Training, 1330 to 1430 SASSY Life Support Group, 1500 to 1630</p>	<p>ESL, 0900 to 1200 Turning Volunteer Experience Into Paid Experience, 1030 to 1145</p>	<p>ACS Facilities Closed - Fort Carson DNSA** -</p> <p>ACS Incident Weather Policy Reminder If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 0930 start time. If the installation is closed (2 or more hours), ACS events will be canceled and rescheduled. For up-to-date installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.</p>
<p>ACS Facilities Closed - Federal Holiday (Christmas) -</p> <p>Are you a single parent? Are you searching for a support network for single parents? If so, come and join us on the last Thursday of the month from 1300 to 1600.</p>	<p>Sponsorship Training, 0730 to 0815 ESL, 0900 to 1200 FRG POC Training, 0900 to 1100 Baby Nurturing, 1130 to 1300 Dress for Success, 1330 to 1445</p>	<p>ESL, 0900 to 1200 Job Search Orientation, 0930 to 1030 Interview Techniques, 1030 to 1145 Brown Bag Luncheon "Used Car Buying", 1200 to 1300 SASSY Life Support Group, 1500 to 1630 Job Search Orientation, 1330 to 1430</p>	<p>ESL, 0900 to 1200 Turning Volunteer Experience Into Paid Experience, 1030 to 1145 Single Parent Retreat, 1300 to 1600</p>	<p>ACS Facilities Closed - Fort Carson DNSA** -</p> <p>Upcoming ACS Closures: Monday, 2 January / All Day Federal Holiday (New Year's Day) Monday, 16 January / All Day Federal Holiday (Birthday of Martin Luther King, Jr.)</p>

EDUCATION • OPPORTUNITY • DISCOVERY

<p>ACS Center (Main Facility) Building 1526 TEL: (719) 526-4590</p>	<p>The Family Connection "A Welcome Center for Families" Building 1354 TEL: (719) 526-1070</p>	<p>Soldier & Family Assistance Center (SFAC) Building 7492 TEL: (719) 526-5807</p>	<p>Fallen Heroes Family Center Survivor Outreach Services (SOS) Building 6215 TEL: (719) 526-2069</p>	<p>Warrior Family Community Partnership (WFCP) Building 6371 TEL: (719) 526-8747</p>
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ACS Volunteer Holiday Social: Celebrate volunteers. Open to all ACS volunteers. RSVP by Thursday, 1 December. For more information, call (719) 526-1082. **ECC Army 101** is offered for civilian partners only. Training familiarizes our civilian partners such as first responders & mental health professionals on such topics as: rank and command structure, acronyms, how to recognize TBI/PTSD and an overview of ACS services. ACS

AFAP (Army Family Action Plan): What is AFAP? AFAP is YOUR opportunity to submit ideas and suggestions for quality of life improvements, as well as working together with leadership to make a change. Does AFAP really work? YES! It has affected the changes in issues such as SGLI, Family Separation Allowance, and the creation of Thrift Savings Plan. How can I participate? 1) Submit an AFAP Issues Submission Form, 2) Attend the AFAP Conference or 3) Volunteer to be a Delegate. For more information, call (719) 526-4590 or visit our Facebook page at www.facebook.com/FortCarsonAFAP.

AFTB Bootcamp: AFTB (beginner, intermediate and advance) provides participants with the information and knowledge to understand the Army. ACS

Baby Nurturing is for parents with infants that are 18 months or younger. Topics covered include: Is my child developing normally? When will he/she sleep through the night? When do I start him/her on solids? How long do I breast feed? ACS

Boot Camp for New Dads is a discussion group that covers becoming a new dad, caring for a baby and caring for mom. ACS

Brown Bag Luncheon explores a variety of personal finance topics (i.e. thrift savings plan, managing your debt, used car buying). It allows participants to develop skills that will help them attain their personal financial goals. Bring your lunch and we will provide the refreshments. ACS

Building a Portfolio: Learn how to a winning portfolio, one with will take your interviews a to the next level and show potential employers why you would prove to be a wise choice. Portfolio's can show your skills, some work samples and demonstrate your appropriateness as a candidate. For more information or to schedule your appointment, call (719) 526-0452. ACS

Checkbook Management Learn how to properly balance your checkbook, write checks and reconcile your bank statement. ACS

Company Commander & 1SG Spouse Course: This course is designed to provide an orientation of "Go To" agencies that will help you during your time as a Company Commander/ 1SG Spouse. Information will be presented from subject matter experts representing various Fort Carson agencies as well as mentors who have served in these volunteer positions. We hope that you will not hesitate to ask or write down questions during the course. This is also a time to meet and share your experiences with others who are attending the course. ACS

Cooperative Parenting & Divorce: Create a positive parenting relationship on behalf of your child (or children), negotiate child friendly agreements, remain child focused and much more. ACS

The Dad Difference: This is a positive, fun class for men that encourages and inspires dads in seeing the importance they play in the lives of their children. The class is aimed at giving dads hands on practical tools for caring and being a mentor to their children. The class is aimed at giving dads hands on practical tools for caring and being a mentor to their children. The course will help dads understand both child/parent development and how dads can leave a legacy for their kids and families. ACS

Dress for Success: Topics will include: learning how having a professional appearance can boost the chance for workplace success and how not having one can lead to disaster; understanding the difference between appropriate and inappropriate business attire and developing a personal action plan to improve their professional image. For more information, call (719) 526-0452. ACS

ESL or English as a Second Language offers beginner through advanced ESL classes. Registration and testing are required prior to initial class attendance. ACS

Family Resiliency Training is a program based on 30-plus years of scientific study and results that uses classroom training and embedded Resilience experts to provide critical skills to our Family Members. What is Resilience? It's the ability to grow and thrive in the face of challenges and bounce back from adversity. Visit the Authentic Happiness website at www.authentic-happiness.sas.upenn.edu and take the "Strengths of Character Survey" prior to attending the class. ACS

Fort Carson Volunteer Holiday Social: Join us in celebrating all that volunteers do. Open to all Fort Carson volunteers. RSVP by Thursday, 8 December. For more information or to RSVP, call (719) 526-1082. ECC

Fort Carson Newcomer Orientation: Are you new to Fort Carson, or have you been here a while and are unsure what's available or how to get around? If so, join us for Fort Carson orientation, topics include: childcare, TRICARE, education and JPPSO. Not to mention, it's also a great way to meet new people. Participants also have the opportunity to tour the installation. Limited childcare is available with prior registration. FC

FRG Leader Training: Wondering how to set up or run a Family Readiness Group (FRG)? Copies of DA Operation READY materials are provided and discussed. This class will equip you with the tools and knowledge to run an effective FRG. ACS

FRG POC Training will assist "Key Callers" with the basics that they will need to know in order to perform the duties associated with the FRG Point of Contact (POC) role. Topics covered include: how to handle crisis calls, when to turn the call over to the FRG leader or Rear Detachment Commander, and managing your call roster. ACS

FRG Treasurer Training is for those who volunteer to serve as a treasurer for their FRG. SJA provides a portion of this training. Topics include: how to setup your FRG account, how to do an audit and an overview of 608-47 (FRG Reg). ACS

German Support Group: Neu to Colorado Springs? Vermisst Du Freunden Deutsch zu sprechen? Deutsche Familienangehoerige mit Kinder willkommen. FC

Growing Close, Growing Strong: Developing the Intimacy in Marriage You Have Always Dreamed Of: This workshop aims at helping couples increase feelings of love, deepen intimacy, and improve overall satisfaction in marriage. The goal of the class is to promote a safe haven type of relationship in which couples have the ability to share feelings and the freedom to grow close emotionally.

Homebuyers Workshop offers perspective home buyers the knowledge of the home buying process. Topics include: preparing for home ownership, choosing a realtor, selecting the right house, obtaining the right mortgage and understanding the closing process. FC

Infant Massage: Learn various massage techniques that can increase the bond between parent & baby. Topics include: systematic strokes to alleviate colic, creating strong bonds, increasing the communication between baby & parent & much more. B

Installation Care Team Training: Training is available for all volunteers who wish to serve as part of a Care Team with their unit, providing support to Families of Fallen Soldiers. Register with your unit's Family Readiness Support Assistant (FRSA). A limited number of slots will be available for childcare. Please give child's name(s) and age(s) with your reservation if you would like childcare. All childcare reservations need to be turned in two weeks prior to the training. All children must be registered with Fort Carson CYSS. FRC

Installation Yard Sales are conducted on the 1st & 3rd Saturday of the month (April to December only) from 0800 to 1500. Make up days (inclement weather) are the Saturday following a regularly scheduled date. Residents can only conduct yard sales on those authorized days; citations can be issued to those who do not adhere to the policy. Those wishing to participate but do not reside on the installation can set up at the Beacon Elementary School Parking Lot.

Instructor Training Course: Why should I become an ACS instructor...certification is good from post to post; it provides opportunities to instruct Army Family Team Building (AFTB) Classes; and it looks GREAT on your resume. ACS

Interview Techniques: Get an inside track on what employers are looking for. Learn how to overall improve your interview skills. For more information or to schedule an appointment, call (719) 526-0452. ACS

Intimate Allies: Learning, Living & Loving in a Win-Win Marriage: This workshop focuses on developing positive communication skills and understanding the principles of healthy relationships as individuals and as couples. Couples will learn how to: deepen marital love and increase joy in their marriage; recognize and protect their marriage from things which seek to destroy their marital happiness and Commitment; develop a practical plan for marital growth; learn how to build resiliency in their relationship; and live together in a supportive "Intimate Allies" marriage. ACS

Introduction to Computers will allow you to have a better overall understanding of computers. Participants will receive a basic overview of computers. ACS

Job Search Orientation offers all employment seekers an outlook on the current Fort Carson and Colorado Springs job market. ACS

Mayor's Meeting: Open to all Fort Carson residents. Village mayor's & deputy mayors come together to discuss & resolve any issues or concerns that they may have. This meeting is chaired by the Garrison Commander & is supported by all installation agencies. ACS

Money Trouble Solutions: Are you seeking to improve your financial status or experiencing financial difficulties? If so, attend our monthly seminar. Topics include: How to Get Out of Debt in 5yrs or Less, Couples and Money and Investing 101. ACS

Nurturing Program 0 to 5 years & 5 years to 12 years teaches parents to be nurturing to their children as well as themselves. Topics covered include: communication with your child, how to build your child's self-esteem, behavior management techniques and much more. For upcoming registration dates, contact the Family Advocacy Program and (719) 526-4590. B

Playgroup: Parents, bring the tots and join us for an informative, fun-filled get-together. B

Rear Detachment Training is designed to help prepare rear detachment personnel to meet the challenges that may arise during deployments. Topics addressed include, Family Readiness Groups, problem solving skills and community resources. ACS

Resume Writing/Resumix: Schedule a one on one appointment with the Employment Readiness Program. Improve your opportunity of finding employment. For more information or to schedule an appointment, call (719) 526-0452. ACS

SASSY Life Group: The road to reclaiming your life after a sexual assault or rape can look very long and daunting. This group was designed to assist you in your recovery. The goals of the group are to know that you are not the only victim of rape and that you can deal with the aftermath and reclaim your life. Sexual Assault Survivors Say Yes to Life or the "SASSY Life Group", looks at myths about rape, how rape affects individuals, things that will help you deal with fear or shame, reclaiming your sexuality and writing your own story. Participants are asked to contact Pat Henry for an initial interview (We will talk about your hopes and fears and determine if the group is a good fit for you). For more information or enroll, call Pat Henry at (719) 503-7082. ACS

Single Parent Retreat: Step away and return more confident, more knowledgeable, more relaxed and more informed. Are you a single parent? Are you an expecting single mother with no support network currently? Are you searching for a support network for single parents? Are you stressed? Come and join us at the Single Parent Retreat. For more information call (719) 337-8586, Tavia Wilkinson RN, BSN, or 526-4590.

Spanish Support Group: Algo nuevo en ACS Fort Carson para las familias Latina. Si extranas hablar Espanol, este es el club Latino de ACS Fort Carson. FC

Sponsorship Training is mandatory (Fort Carson Regulation 600-9-B) for all personnel that have been appointed as a sponsor. Training is available online through LMS. For more information, call (719) 526-1053. FC

Spouse Battlemind Training aids spouses in recognizing and identifying some of the changes that may be associated with the deployment of their Soldier. Training includes: how to make this a positive experience. ACS

Take a Break and Just Breathe: Join us in this holiday de-stress event. Open to everyone. Various activities. For more information or to register, call (719) 526-4590. ACS

Turning Volunteer Experience Into Paid Experience: Learn how to take your volunteer experience and translate into paid experience. For more information or to schedule an appointment, call (719) 526-0452. ACS

Volunteer VMIS Training is designed to identify volunteer issues in the community, share successful programs, address common problems, get familiarized with the Volunteer Management Information System and encourage interaction in support of volunteer organizations on Fort Carson and the Colorado Springs community. Training serves as a resource for organizations by enhancing the recruitment, training and retention of volunteers. For more information, please call (719) 526-4590 for registration. ACS

Waiting Families is also known as the "Hearts Apart" program. The ACS Relocation Readiness Program will keep Families of Service Members on an unaccompanied tour connected with the community by providing this monthly support group. FC

* = Free childcare available with prior registration.

Afterhours and Holiday Closure Emergency Assistance

American Red Cross Toll Free: (877) 272-7337
Army Emergency Relief (AER) Cell Phone: (719) 331-5278
Victim Advocacy Program 24/7 Pager: (719) 577-3171



Cleanliness, Safety & Sanitation

Please remember to pick up newspapers from your driveway daily. This includes any supplements.

Please remove any and all holiday decorations from your property if you haven't already. Please remember that holiday decorations (for any and all holidays) may be put up two weeks in advance and must be taken down within a week of the holiday.

Please remember to bring your trash and recycling totes up from the street as soon as possible after trash pick-up.

Recycling is only picked up every other week. Please remember this when putting your totes out Monday morning.

Help needed!

With the warm weather just a few short months away, we'd like to invite all Shoshoni residents to send us ideas of activities you'd like to see this spring/summer. Want a community BBQ? Potluck? Family activity night? Let us know! We will try to have at least one major event for Shoshoni residents this summer, with more added if interest is high. Please send us your suggestions through Facebook or email. We will let all residents know when these events are scheduled. Let's work together to build community, friendship, and fun!



Community First:

Even though we live on post, we are not immune to crime. Please remember to keep vigilant and report any suspicious activity to PMO promptly. You can use their "Text-A-Tip" line to report issues (247-637), as well as calling 526-2333.

Please us 911 for emergencies.

Also, we would like to implement a neighborhood watch program in Shoshoni Village. This program aims to reduce crime in the neighborhood, surrounding villages, and on post in general. It is being implemented in other villages as well and looks to become a wonderful tool to keep our residents safe! If there is interest, please leave us a comment on our Facebook page. We will then set up an informational meeting for us residents and the community police officer from PMO.

Helpful Links

<http://www.fortcarsonfamilyhousing.com>

<http://www.blog.fortcarsonfamilyhousing.com>

<http://www.mwrfortcarson.com/>

www.carson.army.mil/



Shoshoni Village

is on Facebook!

The best way to find quick information and share your views and issues!

Shoshoni Village—Ft Carson